## Welcome to Brooks Place!

## Rose Mary C. Brooks Place

Assisted Living
Retirement Community
Information Packet



200 Rose Mary Drive Winchester, KY 40391 Phone: 859-745-4904

Fax: 859-745-4905 brooksplace.org



The Care You Deserve

### About Brooks Place

# Brooks Place is a 501(c)(3) non-profit retirement community

offering assisted and independent living in a gracious setting. Our friendly staff is here ready to tailor care needs and wants to the preference of the individual. We strive hard to protect dignity and respect while providing the care and services we offer.

Our Mission Statement is to provide safe, comfortable, and affordable housing while nurturing seniors mentally, socially, physically, and spiritually.

## Brooks Place is governed by an eighteen member board of

directors, all who come from many walks of life and who bring experience and dedication to make us the best. The board members all serve without any monetary benefit from their efforts.

Brooks Place offers independent living in our cottage homes and assisted living in our

apartments. We have a capable and responsive staff who are there to meet the needs of our residents. Each staff member is well trained in their duties and responsibilities so that they can provide a tailored service to meet the needs of each individual resident. We strive to protect dignity, provide choices, and foster the individuality of each person we care for.

# Brooks Place was incorporated in 2000 by a group of

Winchester friends who recognized the need in our community for a retirement community that offers independent and assisted living. This devoted group worked hard to make the dream a reality and with the help and support of individuals, businesses, and the community, the doors to Brooks Place opened in 2004. We have enjoyed community as well as industry praise for the work we do at Brooks Place.

### **Assisted Living**

Thanks for your interest in the services provided by Brooks Place! We are very proud that we can offer a preferred setting for adults needing some assistance right here in your hometown!

We provide each resident with a separate living apartment (efficiency, one, and two bedrooms available) that includes all utilities paid (electric, water, cable. Wi-Fi, and phone), individually controlled thermostats, 24 hour staffing, emergency pendants, patio/grilling area, housekeeping, transportation, salon, daily activities, private dining area, daily meal specials and full menu available 7 days a week. Residents can also receive assistance with activities of daily living (bathing, dressing, grooming, toileting, etc. as well as assistance with self-administration of medication. The resident may directly arrange with an outside agency or individual to receive health care services. If needed.

We strive to ensure that each resident lives independently in a safe environment that promotes individual choice and personal dignity. The Kentucky Department for Aging and Independent Living determines through certification review if any assisted living community meets all of Kentucky's requirements. Brooks Place has received rave reviews with all of our certification surveys.

Frequently Asked Questions about assisted living are asked and answered that will help as you make the choice to move to Brooks Place. We encourage you to visit us to interact with employees, talk with our residents and enjoy a meal. Never be afraid to ask questions, we are here to help. Under Kentucky law, both the resident and Brooks Place have rights, responsibilities and protections. Our "enrollment" process includes a comprehensive lease agreement and along with our Resident Handbook, "Welcome Home". You will understand, through full disclosure what Brooks Place offers and how together we can work to make your life at Brooks Place everything you want it to be.

Call today to arrange your FREE tour! 859-745-4904 We hope you choose Brooks Place as your new home!

### Frequently Asked Questions

### **FAQ**

#### What services and arrangements are provided by an assisted living community?

In Kentucky, assisted living communities provide each resident with a separate living unit that includes a lockable door and private bathroom. The resident can receive assistance with activities of daily living (bathing, dressing, grooming, toileting, etc.), as well as assistance with self-administering his/her own medication. Meals, housekeeping, transportation, laundry and clerical services are also available. Each resident may directly arrange with an outside agency or person to receive health care services, subject to any related policy of the assisted living community.

#### Is an assisted living community the same as a nursing home?

No. Assisted living communities in Kentucky are defined and regulated differently than nursing homes, although many of the same services are provided. For example, both assisted living communities and nursing homes can provide assistance with activities of daily living (bathing, dressing, grooming, toileting, etc.). However, nursing homes can deliver health care services, while a resident in an assisted living community must directly arrange with an outside agency or person to receive health care services. Generally speaking, assisted living communities offer more privacy and independence, because each resident has a separate living unit with a lockable door, private bathroom, individual thermostat controls, etc.

#### Are assisted living services the same in every state?

No. States have different definitions of assisted living.

#### Who regulates assisted living communities in Kentucky?

Kentucky's Department of Aging and Independent Living conducts biannual certification reviews, or as often as needed, of every assisted living community to determine compliance with the applicable laws and regulation.

#### Can any business call itself an assisted living community?

No. Kentucky law prohibits any business that hasn't filed for, or received, assisted living community certification from the Department of Aging and Independent Living from marketing itself as an assisted living community.

#### Do I have to share a living unit (i.e., apartment) with another resident?

No. However, you can request to share a room with a sp ouse or another individual under mutual agreement.

### Frequently Asked Questions

### **FAQ**

#### Do I have to sign any legal papers?

Yes. An assisted living community in Kentucky is required under law to provide you with a lease agreement for your thorough review, which then must be signed. This lease agreement addresses all provisions, policies, rights, responsibilities and protections for both the resident and the assisted living community and is on a month to month basis.

## Will an assisted living community provide me with transportation to my doctor, hairdresser, etc.?

Yes. Assisted living communities in Kentucky are required to provide you with transportation. Carefully read the lease agreement to determine how and when transportation is provided and if there is an additional fee.

#### Can I bring furniture and furnishings for my living unit?

Yes. Assisted living communities in Kentucky encourage residents to bring their own furniture, furnishings and keepsakes.

#### Can someone help me take my medication?

Yes, to an extent. The assisted living community employees can, at your request, assist you in self-administering your own medication. In other words, they can remind you to take your medication, read labels, help open your medication containers and help store your medication. However, employees can't determine or administer dosages, give injections or advise you about the appropriateness of your medication. You must directly arrange with an outside agency or person to receive those services, such as your pharmacist, doctor, home health agency, another health professional, or other qualified person of your choice.

#### What determines how much it costs to live in an assisted living community?

The cost of residing in an assisted living community will depend on the size/type of your living unit, assistance you need, and any additional services you might request. The assisted living community is required to disclose all available services and fees so you can make an informed decision.

#### Are the assisted living community employees required to be trained?

Yes. Kentucky law requires employees to be trained on a variety of key topics applicable to their assigned duties.

## Frequently Asked Questions

### **FAQ**

## Do assisted living communities conduct criminal records checks on their employees?

Yes. Effective July 14, 2000, assisted living communities were required to conduct criminal records checks on employee applicants

#### Does Medicare or Medicaid pay for assisted living services in Kentucky?

No. Neither Medicare nor Medicaid pays for these services. However, if you have long term care insurance, it might cover a portion of monthly expenses. Also, if you are a veteran or the spouse of a veteran, you might qualify for veterans benefits.

#### Will I ever have to move out of the assisted living community?

Kentucky Law requires that a resident must be ambulatory or be mobile ambulatory, such as able to get around with a walker or in a wheelchair without assistance. Any resident who needs health care services must directly arrange to receive those services from an outside agency or person, or otherwise be required to move out of the assisted living community. In addition, any resident who poses a danger to self or others must move out. Last, a resident who is unable to continue paying for services must be given at least a 30-day notice by the assisted living community before being required to move out. In this case, the assisted living community must assist the resident in finding appropriate living arrangements.

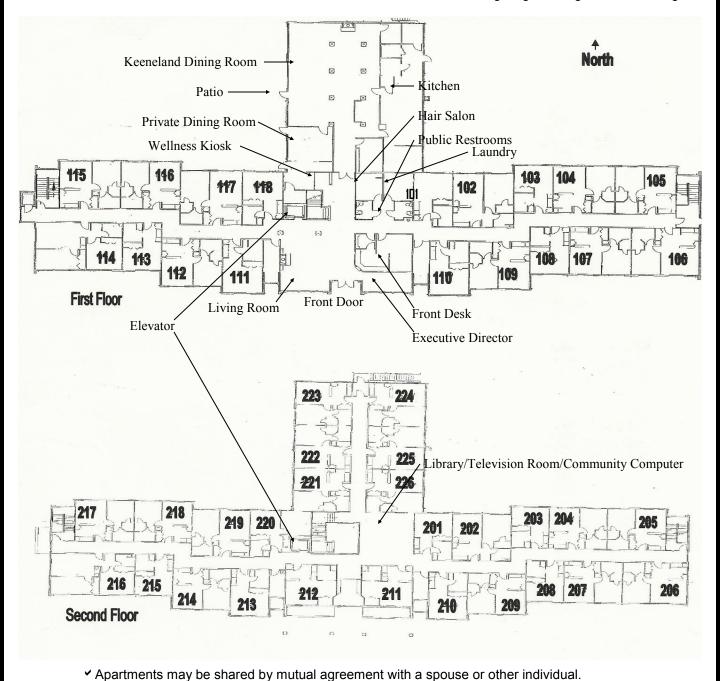
## Where can I get more information about assisted living communities in Kentucky?

Consumers can contact the Kentucky Department of Aging and Independent Living at 502-564-6930 or request a membership roster from the Kentucky Assisted Living Facilities Association at 502-420-9840. Call us for information about assisted living in Kentucky and Brooks Place at 859.745.4904.

## **Building layout**

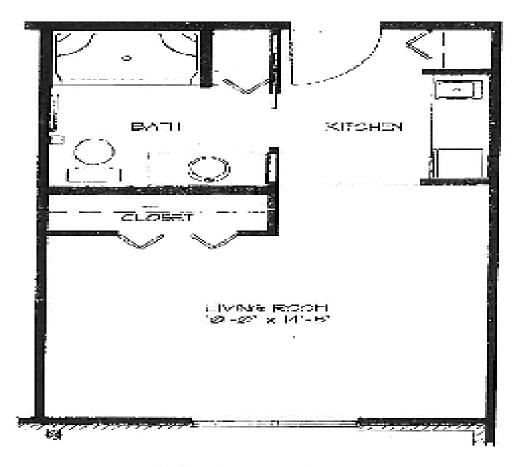
Below is a blueprint of Brooks Place and the following pages are individual floor plans for each type of apartment we offer.

- ✓ Convenient Location ✓ Grounds and Décor Attractive ✓ Apartments Exceed Square Feet Requirement
- ▼ Walk-in Shower 
  ▼ Lockable Doors 
  ▼ Windows to outdoors 
  ▼ Telephone Jacks 
  ▼ Emergency Response
- ✓ Individual Thermostat Control
  ✓ Access to Laundry
  ✓ Central Dining
  ✓ Common Living Rooms
  ✓ Kitchenette
- ✓ Accommodates walkers/scooters, etc.
  ✓ Elevators
  ✓ Good Natural/Artificial Lighting
  ✓ Bring Own Furnishings



## Efficiency Apartment A.

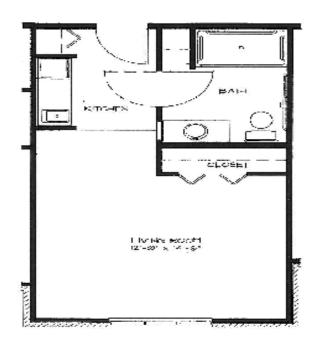
# Studio H



315 Square Feet

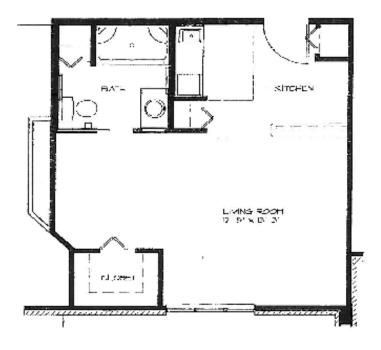
## Efficiency Apartments B and C

# Studio 96



350 Square Feet

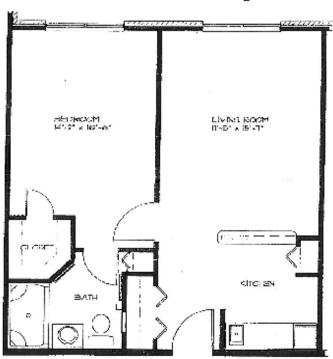
# Studio C



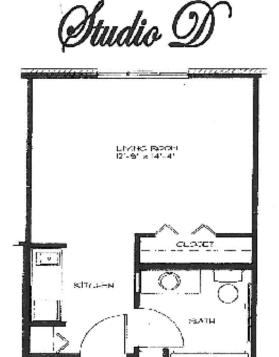
424 Square Feet

# Efficiency Apartment D One Bedroom E





540 Square Feet

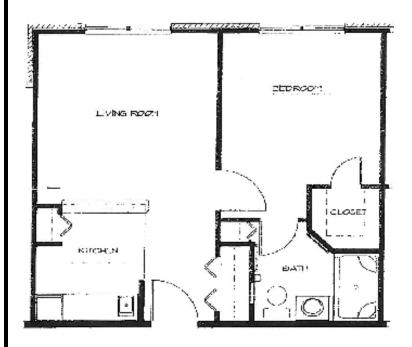


301 Square Feet

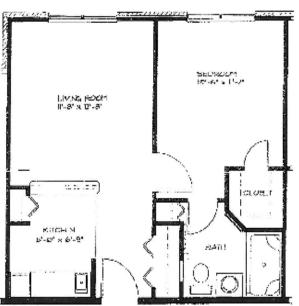
## One Bedroom XL One Bedroom G

One Bedroom G





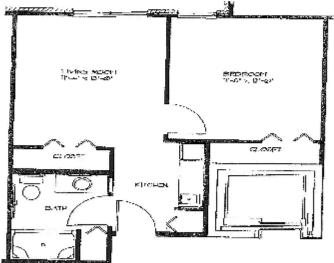
519 Square Feet



470 Square Feet

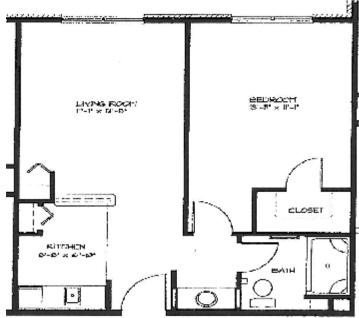
# One Bedroom H





425 Square Feet

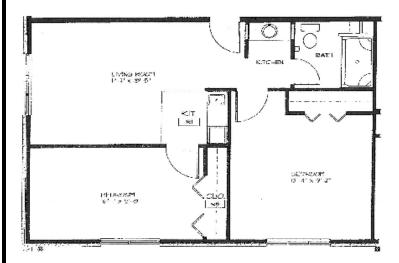
# One Bedroom H



542 Square Feet

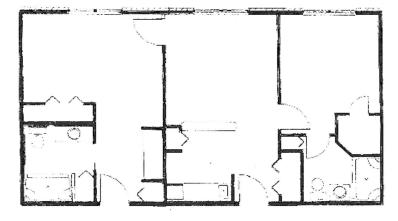
# Two Bedroom Apartment Deluxe Two Bedroom

# Two Gedroom



672 Square Feet

# Deluce Two Bedroom



785 Square Feet

## Cost of Living Comparison

Below is a cost of living comparison sheet that will show you how economical life at Brooks Place will be!

#### **Brooks Place Cost of Living Comparison Worksheet**

Would you like to make Brooks Place your home? Use this worksheet to help you compare your current monthly cost of living to living at Brooks Place.

<b>Monthly Expenses</b>	<b>Your Present Home</b>	<b>Brooks Place</b>	Other Options
Mortgage or Rent	\$	\$	\$
Electricity	\$	\$	\$
Gas Heat	\$	\$	\$
Water/Sewer/Trash	\$	\$	\$
Property Taxes	\$	\$	\$
Home or Renters Insurance	\$	\$	\$
Lawn Care, Snow Removal	\$	\$	\$
Weekly House Keeping	\$	\$	\$
Maintenance & Home			
Repairs	\$	\$	\$
24 Hour Security and			
Assistance	\$	\$	\$
Laundry Service			
Washer/Dryer	\$	\$	\$
Transportation			
(Gas/Insurance/Repairs/			
Driver/Taxes)	\$	\$	\$
Threes Meals a Day/Snacks	\$	\$	\$
Social Events/Outings	\$	\$	\$
Health & Wellness Programs	s \$	\$	\$
24 Hour Emergency			
Call Service	\$	\$	\$
Daily Newspaper	\$	\$	\$
Cable/Satellite TV	\$	\$	\$
Exercise Program	\$	\$	\$

## KRS 194A 700-729

Any interested person may receive a copy of *KRS 194A.700-729 and 2010 KY Acts Ch. 36*, *Sect. 12* and relevant administrative regulations for Kentucky assisted living by requesting from Brooks Place Community Relations Director. Copies may be delivered personally, by USPS, fax, or email.